

MDC 2024-25 SCHEDULE

MONDAY

3:30-4:00pm	Creative Movement	4:30-6:30pm	Company Rehearsals		
4:00-4:30pm	Toddler Pom				
4:30-5:15pm	Toddler Hip Hop/Jazz				
5:15-6:00pm	Toddler Ballet/Tap			5:30-6:30pm	Adult Ballet/Lyrical
6:00-6:30pm	Toddler Acro			6:30-7:00pm	Adult Stretch & Strengthen
6:30-7:00pm	Mommy & Me	6:30-7:00pm	Comp Tech	7:00-7:30pm	Adult Cardio Dance
		7:00-8:00pm	Elite Company Group 1	7:30-8:00pm	Stretch & Strengthen
		8:00-8:45pm	Pointe	8:00-8:30pm	Turns and Leaps

TUESDAY

4:15-5:00pm	Acro 2/3	4:15-4:45pm	Turns & Leaps		
5:00-5:45pm	Acro 1	4:45-5:45pm	Ballet GroupS 2 & 3	4:15-5:45pm	Elite Company Group 2
5:45-6:30pm	Hip Hop 1	5:45-6:30pm	Hip Hop 1/2	5:45-6:30pm	Hip Hop 3
6:30-7:15pm	Jazz 1	6:30-7:15pm	Jazz 1/2	6:30-7:15pm	Jazz 2/3
7:15-8:00pm	Flex Tech	7:15-8:00pm	Pre Ballet	7:15-8:15pm	Ballet Group 1
8:00-8:45pm	Pom 1	8:00-8:45pm	Pom 2/3	8:15-8:45 pm	Comp Tech

WEDNESDAY

4:30-5:00pm	Stretch & Strengthen	4:00-5:00 pm	Elite Group 3	4:00-5:00 pm	Elite Group 4
5:00-5:45pm	Musical Theatre	5:00-5:45pm	Mom and Me w/Disabilities (All Ages)	5:00-6:00pm	Elite Ballet
5:45-6:30pm	Heels (Ages 16+)	5:45-6:30pm	Improv/Musicality	6:00-6:30pm	Turns & Leaps
6:30-7:15pm	Adult Hip Hop/Jazz	6:30-7:15pm	All Star Pom	6:30-7:15pm	K Pop
7:15-7:45pm	Ballroom	7:15-8:45pm	All Star Dance Team	7:15-8:00pm	Voice Lessons

THURSDAY

4:00-6:00pm	Company Rehearsals				
6:00-6:30pm	Comp Tech	6:15-7:00pm	Tap 2/3	6:00-7:00pm	Ballet Group 1
6:30-7:00	Stretch & Strengthen	7:00-7:45pm	Tap 1	7:00-7:45pm	Contemporary/Lyrical 2/3
7:00-7:45pm	Flex Tech	7:45-8:15pm	Company Rehearsal	7:45-8:15pm	Turns & Leaps
7:45-8:30pm	Contemporary/Lyrical 1/2				

FRIDAY

5:00-5:30pm	Kinder Pom	5:00-5:30pm	Intro to Breakdance		
5:30-6:00pm	Kinder Ballet	5:30-6:00pm	Stretch and Strengthen		
6:00-6:30pm	Kinder Hip Hop	6:00-6:45pm	Boys Hip Hop		
6:30-7:00pm	Kinder Tap	6:45-8:15pm	Boys Company		
7:00-7:30pm	Kinder Jazz	8:15-8:45pm	Speed Spot Tumble (Gym)		
7:30-8:00pm	Kinder Acro/Tumble				

Company Tumble Group 1 - 1st & 3rd Monday of the Month 7:15-8:00pm in Gym
Company Tumble Group 2 - 1st & 3rd Monday of the Month 8:00-8:45pm in Gym
Company Tumble Group 3 - 1st & 3rd Thursday of the Month 6:20-7:05pm in Gym