



2018-19 Season Schedule

Classes in Session

Monday

Time	Class	Time	Class
4:30-5:00 pm	Stretch & Strengthen	5:00-5:30 pm	Mommy & Me (ages 1-4)
5:00-5:45 pm	Elite Company Ballet	5:30-6:00 pm	Creative Movement (ages 2-4)
5:45-7:15 pm	Company Rehearsal	6:00-6:30 pm	Little Tumblers (2-5)
7:15-8:15 pm	Ballet 2	6:30-7:15 pm	Adult Ballet
8:15-9:00 pm	Pointe (Teacher Approval/Ballet 2+)	7:15-7:45 pm	Cardio Dance
		7:45-8:15 pm	Adult Stretch

Tuesday

Time	Class	Time	Class
2:00-2:30 pm	Baby Hip Hoppers (2 years old)		
2:30-3:15 pm	Toddler Ballet/Modern (ages 2-4)		
3:15-4:00 pm	Toddler Tap (ages 2-4)	4:15-5:00 pm	Musical Theatre 1&2
5:00-5:45 pm	Boys Hip Hop	5:00-5:45 pm	Tap 2/3
5:45-6:30 pm	Jazz 2	5:45-6:30 pm	Jazz 3
6:30-7:15 pm	Hip Hop 2	6:30-7:15 pm	Hip Hop 3
7:15-8:00 pm	Acrobatics Dance 1	7:15-8:00 pm	Acrobatics Dance 2&3
8:00-8:45 pm	Tumbling/Gymnastics 1	8:00-8:45 pm	Tumbling/Gymnastics 2&3

Wednesday

Time	Class	Time	Class
4:45-5:30 pm	Elite Company Technique	5:00-5:45 pm	Pre Pointe (ages 10 & up/2+ years ballet)
5:30-6:30 pm	Elite Company Rehearsal	5:45-6:30	Adult Hip Hop
6:30-7:15 pm	Contemporary/Modern 1	6:30-7:15 pm	Contemporary/Modern 2/3
7:15-8:00 pm	Lyrical 2/3	7:15-8:00 pm	Lyrical 1
8:00-8:45 pm	Stretch & Tech**	8:00-9:00 pm	Vocal Lessons (not eligible for discounts)

Thursday

Time	Class	Time	Class
4:15-5:15 pm	Ballet 3	5:00-6:30 pm	Comp Rehearsal
5:15-6:00 pm	Pre Ballet (ages 5-8)	6:30-7:00 pm	Turns and Leaps
6:00-6:45 pm	Hip Hop 1	7:00-7:30	Improvisation
6:45-7:30 pm	Jazz/Tap Combo 1	7:30-8:00	Cardio Dance
7:30-8:30 pm	Ballet 1	8:00-8:30 pm	Adult Stretch

Friday

Time	Class	Time	Class
6-6:30 pm	Creative Movement (ages 2-4)		

Classes are based on abilities to ensure our students get exactly what they need to be successful! No experience necessary for level 1 classes (recommended for ages 5 and up). Students will test into level 2 & 3 classes. Our classes are designed to enhance technique for recreational, competitive & pre professional dancers in a fun nurturing environment. Join our dance family today!

2017 Best of the Best, ADCC National Studio of Excellence, Award Winning Choreography & Three Time National Champions